



ELKHART Health & Aquatics SM

NOVEMBER 2019

LOCATION OF CLASS:

Pool

Community Room

Gym

Lobby *BCI = Beacon Community Impact program

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3. Open Swim 12-3 p.m.	4. BCI: Adult Overdose Lifeline- Opicods 6 p.m.	5. Yoga - 30 min 5:45 p.m. BCI: Dame Tu Miano 6 p.m. Boys & Girls Club Ball 6:30 p.m.	6. BCI: 8 Dimensions of Well- being, Social TBD	7. Yoga - 30 min 5:45 p.m. BCI: Dame Tu Miano 6 p.m. Boys & Girls Club Ball 6:30 p.m.	8. Open Swim 5-7 p.m.	9. Sunrise Yoga 8 a.m. BCI: Dame Tu Miano 9 a.m.
10. Open Swim 12-3 p.m.	11.	12. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	13.	14. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	15. Open Swim 5-7 p.m.	16. Sunrise Yoga 8 a.m.
17. Open Swim 12-3 p.m.	18.	19. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	20. BCI: 8 Dimensions of Well- being, Physical TBD	21. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	22. Open Swim 5-7 p.m.	23. Sunrise Yoga 8 a.m.
24. Open Swim 12-3 p.m.	25.	26. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	27.	28. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	29. Open Swim 5-7 p.m.	30. Sunrise Yoga 8 a.m.