


DECEMBER 2019

LOCATION OF CLASS:

 Pool

 Community Room

 Gym

 Lobby *BCI = Beacon Community Impact program

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Open Swim 12-3 p.m.	2. BCI: Question, Persuade, Refer Adult 6 a.m.	3. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	4.	5.	6. Open Swim 5-7 p.m.	7. Sunrise Yoga 8 a.m.
8. Open Swim 12-3 p.m.	9.	10. Yoga - 30 min 5:45 p.m. BCI: Question, Persuade, Refer Adult Spanish 6 a.m. Boys & Girls Club Ball 6:30 p.m.	11.	12. Yoga - 30 min 5:45 p.m. BCI: Adult Overdose Lifeline- Opioids 6 p.m. Boys & Girls Club Ball 6:30 p.m.	13. Open Swim 5-7 p.m.	14. Sunrise Yoga 8 a.m.
15. Open Swim 12-3 p.m.	16.	17. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	18. BCI: 8 Dimensions of Well-Being, Spiritual TBD	19. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	20. Open Swim 5-7 p.m.	21. Sunrise Yoga 8 a.m.
22. Open Swim 12-3 p.m.	23.	24. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	25.	26. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.	27. Open Swim 5-7 p.m.	28. Sunrise Yoga 8 a.m.
29. Open Swim 12-3 p.m.	30.	31. Yoga - 30 min 5:45 p.m. Boys & Girls Club Ball 6:30 p.m.				